



Health

Nepean Blue Mountains
Local Health District

**Lithgow Hospital
Speech Pathology Department**

Language Boost Group

A free fun-filled group that focuses on boosting children's language skills.



Speech Pathologist:	Donna Darling
Speech Pathologist:	Jacqui Whittingham
Communities for Kids Facilitator:	Jackie Vogel
Allied Health Assistant:	Megan Booth

Lithgow Hospital
Col Drew Drive, Lithgow NSW 2790
Tel: 6350 2500

Who is involved in the Language Boost Group?

Persons involved	Role
Your child	Learn and have fun
You and your family	Have a go at as many different activities as possible. Adults try the activities alongside their children.
Language Boost Group <i>Weekly team consists of:</i> <ul style="list-style-type: none"> - Speech Pathologist - Therapy Assistant - Early Childhood Professional 	<ul style="list-style-type: none"> • Provide a range of activities that focus on building children's language skills • Provide fun activities and resources that families can use at home • Provide information and answer parent/carer questions • Troubleshoot any difficulties parents are facing • Teach families how to support their child's development at home. • Refer your child to other services if additional support or assessments are needed.



Contact Details

Language Boost Group:	6350-2500
Speech Pathologists	Jacqui Whittingham Donna Darling
Communities and Kids Facilitator (LINC)	Jackie Vogel
Allied Health Assistant	Megan Booth

Keeping Healthy:

- **Please do not attend the therapy group if you or your child have any cold or flu like symptoms** (e.g. runny nose, cough, high temperature, body aches, etc.).
- Before entering the group, we will be providing you and your child with some hand sanitiser and your temperature will be checked.
- All equipment used in the group will be cleaned before and after the group.

If you have any questions, please speak to one of the Language Boost Group members.



How is the Language Boost Group run?

At the Language Boost Group you will learn lots of new ways to help your child build his/her language skills. We will do this using lots of fun activities that you can do at home. Children learn best when they are playing and having fun with you.

Cooerwull Public School Hall Language Boost Group
Tuesdays at 10.00 am – 11:30 am
In the School Term

What to wear:

Comfortable clothes for both you and your child.

What to bring every week:

- Your Language Boost Folder (you will be given this at the first session)
- Information on how you went using the resources over the last week

What will happen at each session?

- Find your photo and put it on the 'Who's here today board'.
- Encourage your child to try as many different activities as possible.
- Try the activities with your child – your child learns by watching you 'do' better than listening to what you say.
- You will stay with your child and help him/her at each activity.
- Participate in song and story group time

What we expect from you?

- Arrive on time to each session.
- Call us if you can't come.
- Stay with your child and help them with each activity.
- Try the activities at home.
- Use the resources we give you with your child.
- Have fun!

What to expect from the Language Boost Program team?

- Provide fun activities for you and your child.
- Teach you ways to help your child.
- Help you work on your language goals.
- Provide you with information and resources to help your child's speech and language skills develop at home.